Mahatma Gandhi and sugar

There is a story told about Mahatma Gandhi:

A lady brought her son and said he ate too much sugar. She wanted Gandhi to tell him to stop. Gandhi said to bring the child back the next week. The next week she brought the child and Gandhi said "Stop eating sugar child". And the child did. A month later the lady came back and said "My child has done what you asked, but why could you not have spoken to him the first time I came." "Lady", said Gandhi, "a week earlier I was still eating sugar".